



## Centennial Covenant Church Character Growth Plan Template (shortened version)

**Please complete the sections in red.**

For more information, see the version of the template that has instructions.

### Step 1: Discern A Character Growth Goal

Type one word or a short phrase here that captures your character growth goal.

### Step 2: Develop Practices

#### Relational Practices: Choose a Mentor if Needed

1. Will you meet with a self-selected mentor? yes no, that is not needed at this time.
2. If you wish to share the form of mentoring that you will engage, do so here. While the list is not exhaustive, various forms include: (1) Spiritual Director, (2) Counselor, (3) Companion/Friendship in Christ (4) Apprenticeship, (5) Coach or, (7) Other. Type potential answer here.
3. If you wish to share the name of a mentor, do so here. Type potential answer here.

#### Experiential Practices: Choose Spiritual Disciplines

Discipline #1

Discipline #2

Discipline #3

And if needed, Discipline #4

#### Cognitive Practices: Choose A Resource

Type in here the name of the cognitive resource you will engage. How much time do you want to spend utilizing this resource?

### **Step 3: Manage A Growth Plan**

Indicate here the expected time frame for this growth plan. Indicate what needs to change in your life so that you are sure to engage it.

### **Step 4: Reflect on a Growth Plan**

Name your way/s of reflection here.