MAKE THE SHIFT

STUDY GUIDE

Karl Helvig | Decide the Direction | Romans 12:1-2

A one-degree shift toward an embodied Fath

August 10th 2025

INTRODUCTION

Goal: Warm up the conversation and connect it to everyday life.

Opening Question:

- "When's a time you made a plan that really paid off?"
- Follow-up: "When's a time you failed to plan and it came back to bite you?"

Transition: We all know planning matters in daily life. Today's text reminds us that planning also matters in our walk with God—and that wise planning is one way we live out faith.

TEXT: Embodied Faith & Mindful Intention

Goal: Engage with the passage and core sermon themes.

Read Proverbs 16:1–3, 9 together.

Discussion Questions:

- Wisdom and Planning – According to these verses, what is God's role in our planning? What is our role?
- How does this shape the way you approach making a plan?
- The Danger of Neglect – Proverbs warns against foolishness. What are some real-life examples (personal, cultural, or from the sermon) where failing to plan led to trouble?
- Why do you think we sometimes fail to plan in our spiritual lives?
- Righteous Planning – The sermon described righteous plans as upright (yashar) and just (tsedaqah). How might those two qualities shape the way you plan your life—your time, finances, relationships, or ministry?
- Grace and Effort – Dallas Willard said, "Grace is opposed to earning, not effort." How does this idea free us to make plans without falling into legalism?

YOUR MOVE: Discern the Shift

Goal: Reinforce the call to action—help them actually make a plan.

Challenge:

- Take one longing you've discerned from God (from last week's exercise) and write down one wise, righteous, specific plan to take the next step.
- Use the three questions below as a guide:

- Does my plan fit the longing God has given me?
- Is my plan holistic (relational, experiential/spiritual, intellectual)?
- Am I willing to count the cost and make real changes to follow through?
- Prayer:
- Close your group time by sharing your plans with each other and praying over them—asking God to both direct your steps and establish them